3115 Friendship Place

Rockledge, FL 32955 Telephone: [321] 242-1117 Return Service Requested

THE FRIENDSHIP

FELLOWSHIP

AT PINEDA

A UNITARIAN UNIVERSALIST CONGREGATION IN THE LIBERAL TRADITION

Minister The Reverend Amy Kindred





Friendship Fellowship at Pineda is a Religious Community of compassionate, open-minded truth seekers dedicated to:

- •Caring for our members through mutual respect, friendship and support
- •Exploring intellectual and spiritual ideas in pursuit of truth and understanding;
- •Using our collective voice, efforts and resources in the service of social justice; and
- •Creating intellectual and philanthropic opportunities that welcome, engage and include the wider community.

THE FRIENDSHIP FLYER

Volume 26 Number 5

May 2019

	DATE SPEAKER SUBJECT SERVICE GREETER TOUCH OF HOSPITALIT					
DATE	SPEAKER	SUBJECT	SERVICE LEADER	GREETER	BEAUTY	HOSPITALITY HOST
May 5	Reverend Amy Kindred	Helping Hands	Rev Amy Kindred		Marcia Berry	
May 12	Reverend Amy Kindred	A Mama Who Didn't Mince Words: Margaret Fuller	Pete Crumpacker	Donna Klamm	Rosemary Stroda	
May 19	Reverend Amy Kindred	Flower Ceremony	Rev Amy Kindred, Ruth Rodgers, Cliff Saylor and Pete Crumpacker	Helen Bennett		
May 26	Dr. Tauhida Parveen	Born in Bangladesh	Laura Petruska			

The Friendship Flyer

Rev Amy Kindred Minister, FFP



Page 2

"I don't feel like I'm doing enough to

make a difference," confided my friend Lisa one morning, when we were sharing a cup of coffee. "I mean, I'm not knocking on doors or protesting and there is so much that needs to be done. For example, look at climate change. I don't feel like I'm doing enough."

Later that day, the two of us were browsing in an antique store. We were looking for treasures. My friend found an old small brass horse. "No one makes stuff out of that kind of metal anymore," said the clerk. All three of us agreed Lisa's find was a real beauty!

The clerk took the money from Lisa, gave my friend her change and reached for a plastic bag. "No thanks," said Lisa, "I don't use plastic bags. I have this reusable one." A man standing at the end of the counter said, "I bet you don't use straws either." Lisa replied, "That's right. Only paper ones. In my county in southern Florida, we voted to stop using plastic straws in eating and drinking establishments. It's better for the environment." As we were leaving the store, I heard the man at the end of the counter say to the clerk, "I wonder if our county has voted to stop using plastic straws in bars and restaurants?"

Nodding to Lisa, I said, "See. Through your choices, you are inviting important conversations about the environment that might lead to positive action. In my opinion, that would be considered 'making a difference.' Don't you think so too?"

Reverend Amy Kindred

A message from our CLC Chair; Cliff Saylor

A month has passed and the new CLC has been busy. There were a few "fires" to attend to but we have determined some priorities. I have started planning a yearly CLC calendar and Building & Grounds (Alan) is doing likewise. We are working with Amy R to possibly streamline are recurring routines. It all seems hopeful, but we were left in good condition from the previous CLC. I remind everyone to keep "The Covenant of Right Relations" in your thoughts. We will be going through changes, but the best change has been the hiring of Rev. Amy. I am encouraged by all the good communication that has happened. The work of the Fellowship is important, rewarding and fun.

Join in and be transformed. Cliff, CLC chair

May 2019 Comings, goings, and doings for FF@P

Sun	Mon	Tue	Wed	Thu	Fri	Sat
FH means Friend: CH means Coffee			1 TAI CHI 11:00AM FH	2 10:00AM Women's Circle	3 Sewing Circle 1:00PM—3PM	4
5 Sun Svc 10:30 AM Sunday Morning Discussion: 9:15- 10:15 AM Coffee House—Current Events	6	7 Choir 7:00PM F.H.	8 TAI CHI 11:00AM FH Spring Film 1:00PM— 4:00PM F.H.	9	10	11
12Sun Svc 10:30 AMSunday Morning Discussion: 9:15- 10:15 AM Coffee House—Current Events	13	14 Choir 7:00PM F.H.	15 TAI CHI 11:00PM FH	16 Book Club 10AM-11AM C.H.	17 Sewing Circle 1:00PM—3PM	18
19 Sun Svc 10:30 AM Sunday Morning Discussion: 9:15- 10:15 AM Coffee House—Current Events	20	21 Choir 7:00PM F.H.	22 TAI CHI 11:00PM FH Spring Film 1:00PM— 4:00PM F.H.	23 Celebration of Sid Sherman 11:00 AM	24	25
26 Sun Svc 10:30 AM Sunday Morning Discussion: 9:15- 10:15 AM Coffee House—Current Events	27	28 Choir 7:00PM F.H.	29 TAI CHI 11:00 FH	30	31	
					The Editor r June <i>Flye</i> by Ma (sooner is	er inputs Iy 23

April 7, 2019— "Love's Messy Persistence"—Rev. Amy Kindred

During the offertory on Sunday, April 7, members of the congregation were asked to take a piece of bamboo from the offering basket to hold and consider during the sermon. Bamboo is one of the four "noble gentlemen" in Chinese art, representing uprightness, tenacity, and a hollow heart. It is also endowed with integrity, elegance, and plainness.

The question before us, said Rev. Amy, is "How do we use love—rather than violence—to move ourselves and society in the direction of a more just and peace-filled existence?" Change doesn't have to come through brute strength and ferocity; it can also come through persistence and cleverness. She gave several examples to illustrate this persistence.

According to Greek myth, the goddess Atalanta was abandoned by her father, the king, at birth because she was not a male. Nursed by a she-bear in the wild, she was found and raised by a hunter and became so famed throughout the kingdom for winning every race she entered that her father reclaimed her. When the time came for her to marry, she insisted that she would only marry someone who could beat her in a race. Many suitors tried and failed, but one young prince was so enchanted by her that he prayed to Aphrodite for help. She gave him three golden apples and told him how he could win the race.

As the race began, Atalanta gave the prince (Melanion) a head start, and when she caught up with him, he threw a golden apple at her feet. She couldn't help but stop and pick it up. Soon she overtook him again, and he threw the second golden apple a little off to the side, allowing himself to again get ahead. When she caught up, he threw the third apple as far as his arm could hurl it. As she ran off to get the apple, he crossed the finish line and won her hand and her heart. Atalanta treasured her golden apples and her husband's cleverness.

Another example of persistence is Malala Yousafzai, who, at age 17, became the youngest person to win the Nobel Peace Prize. Shot by the Taliban for advocating for girls' rights to an education, she was airlifted to a hospital in England. She continues to advocate for girls' rights in Pakistan and Afghanistan, where the Taliban continues to blow up schools for girls and conduct poison attacks to discourage attendance.

Before the Taliban came, girls were educated, and Malala explained, "I had two options. One was to remain silent and wait to be killed, and the second was to speak up and be killed. I chose the second one. I decided to speak up."

Malala shared the Nobel Peace Prize in 2012 with Kailash Satyarthi, a man who campaigns for Indian child rights. He founded the Save the Child Movement in 1980 and dedicated his prize to children in slavery. As noted by the selection committee, "It is an important point for a Hindu and a Muslim, an Indian and a Pakistani, to join in a common struggle for education and against extremism." As Malala asked, "Why is it that countries…are so powerful in creating wars but so weak in bringing peace? Why is it that giving guns is so easy, but giving books is so hard?"

Martin Luther King, Jr. drew from the Bible for his images and phrases, saying we will not be satisfied "until justice rolls down like waters, and righteousness like a mighty stream," and he was heavily influenced by the teachings of Mahatma Gandhi, a Hindu who, as an adult, was exposed to Christian, Muslim, Buddhist, and Hindu teachings. Gandhi said, "It is the law of love that rules mankind. Had violence, i.e. hate ruled us, we should have become extinct long ago." Gandhi's nonviolent approach to civil disobedience, which was copied by King, led to major societal changes both in India and the United States.

You and I, concluded Rev. Amy, are not Malala, Kailash, Gandhi, King, or Atalanta. We might not think our actions and words make a difference, but we really do set the tone for the rest of society. Most of us want to tell others how they should change but are reluctant to look at our own behavior. We need to become mindfully aware of how we speak to and about one another. May we become like the bamboo, she encouraged, "with features that include uprightness, tenacity, and a hollow heart that remains open to anything that is of benefit... May we remember that love, though messy and hard at times, in its persistence, has power. Finally, may we never forget that one stalk of bamboo is not nearly as strong or beautiful as a whole grove." ...rr

continued from previous

The Brevard Zoo came out and showed us how to care for the baby mangrove trees. We all need to do what we can to protect the Indian River Lagoon.



Photo: Busy members preparing Mangroves for planting in the Indian River Lagoon

"Don't think about why you question, simply don't stop questioning. Don't worry about what you can't answer, and don't try to explain what you can't know. Curiosity is its own reason. Aren't you in awe when you contemplate the mysteries of eternity, of life, of the marvelous structure behind reality? And this is the miracle of the human mind to use its constructions, concepts, and formulas as tools to explain what man sees, feels and touches. Try to comprehend a little more each day. Have holy curiosity. "

—ALBERT EINSTEIN

Descriptions of upcoming talks From May—June:

Sunday, May 5

Reverend Amy Kindred **"Helping Hands"** It's a celebration of cooperation! Through skit, poetry and song, we'll celebrate the power of committees to get things done.

Sunday, May 12

Reverend Amy Kindred "A Mama Who Didn't Mince Words"

"Today a reader, tomorrow, a leader," wrote Margaret Fuller. This powerhouse of intellect and justice, the first female foreign correspondent in the United States, this amazing woman from New England, is part of our Unitarian Universalist DNA.

Sunday, May 19

Reverend Amy Kindred "Flower Ceremony"

"Flowers are the music of the ground. From earth's lips spoken without a sound," wrote Edwin Curran. Based on a ritual created by a Unitarian minister from Prague, we intend to recognize the beauty of multiplicity. *All attendees are invited to bring a blossom from their yard, farmer's market or grocery store to share during the service.*

Sunday, May 26th

Dr. Tauhida Parveen **"Born in Bangladesh"** A woman's personal journey to success: from Bangladesh to America.

Sunday, June 2

Keith Winsten, director of the Brevard Zoo Subject : " The Evolution of Brevard Zoo: 25 years of community-based growth"

Descriptions of upcoming talks Continued:

Sunday, June 9 Reverend Amy Kindred "What Not to Say in a Time of Loss" It's so hard to say the right thing at the right time. This is especially so when someone is grieving. Let's explore some phrases that are helpful rather than hurtful.

Sunday, June 16

Reverend Amy Kindred **"The Two Choices: Samuel Davis Jr."** Singer Sammy Davis Jr said, "You always have two choices: your commitment versus your fear." Raised by parents of two differing faith traditions, one Catholic and the other Baptist, this renowned entertainer converted to Judaism as an adult. Join us as we explore how he succeeded to live a life of faith and passion while encountering one challenge after another.

Sunday, June 23 Dr. Robert Tucker Topic: To Be Determined

Sunday, June 30

Dr. Terri Fine, UCF "The Consequences of Party Reform in the 21st Century'

Nominating conventions culminate in a lengthy process. Formal public goals of conventions include nominating presidential and vice- presidential candidates and adopting party platforms. Changes in delegate selection rules following the party reforms in the late 1960s reflect emerging tensions about party roles while nominating conventions matter far less in presidential nominations than in the past. This presentation will focus on how these changes have and will effect the 2020 presidential nomination contest and what it means for voters and activists at the grassroots.

Spring Film Discussion Series

May 4—June 19, 2019 Location: Friendship Hall Time: 1:00Pm-4:00PM

May 4: Breathe (2017)

This true story is about a *really* big sick; Robin Cavendish, brilliantly portrayed by Andrew Garfield, falls victim to polio when he is 28. It leaves him a permanent quadriplegic who cannot breathe without a respirator or move below the neck. How he, with his loving wife (Claire Foy), manages to make a success of his life makes us count our blessings. A great, inspiring film!

May 22: Paper Clips (2004)

Documentary about a middle school class in rural Tennessee that attempts to collect six million paper clips, to represent the 6,000,000 Jews killed in the Holocaust. They manage to collect over 25 million paper clips, from around the world. In addition, Holocaust survivors come to speak to them, and a freight car actually used by Germany is sent to the school. Another inspiring story about history and empathy.

June 5: Won't You Be My Neighbor? (2018)

Relive your childhood, or that of your children, with this visit from Fred Rogers in this "highestgrossing biographical documentary of all time." Mr. Rogers taught all the lessons of morality and kindness that we wish everyone lived by. Universal critical acclaim and audience appeal.

June 19: Something New (2006)

Kenya McQueen is a beautiful, single black woman who has sacrificed romance for her career as a CPA. On a blind date, she is blindsided to discover that her date is a white man of considerable charm; she leaves immediately. Later, she gets to know (and love) this man as he does some landscaping for her. But should she marry him or a preferable black man? Guess!

April 14, 2019—"Walking the Talk: Our Heritage of UU Justice Makers"—Rev. Amy Kindred

Page 7

Author Israelmore Ayivor, in his book 101 *Keys to Everyday Passion*, puts people into three categories: the wanters, the wishers, and the makers, but Rev. Amy Kindred expanded that list to five: the wanters, the wishers, the makers, the whiners, and the tireds. The WANTERS are known by their statements of entitlement, "This is what I want. You need to do it," while the WISHERS are sneakier: "Somebody should do this," and then they step back without helping to further the stated wish. All of us can easily recognize the WHINERS—no smile ever, and the TIREDS are like Eeyore, from Winnie the Pooh, who sees the world through gloomy eyes. The MAKERS are the folks who make things happen and who motivate others to join in their endeavors. Our history, said Rev. Amy, is filled with a gallery of Unitarian Universalist justice makers.

Henry David Thoreau is best known for his book *Walden*, a reflection on living simply in nature and for his essay "Civil Disobedience," justifying his refusal to pay taxes to an "unjust state," for which he spent time in jail until they were paid by a friend.

Lucy Stone was an advocate for women's suffrage who also spoke out against slavery. She was the first woman in Massachusetts to earn a college degree and continued to use her maiden name after marriage.

Francis Ellen Watkins Harper, born free, traveled the South campaigning for racial and sexual equality. This abolitionist, lecturer, and poet, wrote: "I ask no monument, proud and high/To arrest the gaze of the passers-by;/All that my yearning spirit craves/Is bury me not in a land of slaves." James (Jim) Barrett, Lt. Col. Retired, USAF, along with another physician (Dr. Britton) was killed for his convictions at a women's reproductive health clinic in Pensacola, FL. His wife, June Barrett, a nurse who was also vocal in supporting women's reproductive rights and the dignity of those who were gay, was injured in the same attack. Whitney Moore Young, Jr., a civil rights leader who worked to end employment discrimination and to move the National Urban League from a passive civil rights organization into one that was more aggressive in seeking socioeconomic opportunity, joined a UU congregation in Atlanta, GA in 1954 and was later elected to the board. He was criticized by some African Americans for attending a "white" church.

James Reeb, a young UU minister serving All Souls Congregation in Washington, DC, was killed in Alabama during the Civil Rights March from Selma to Alabama, dying of head injuries in the hospital two days after being badly beaten by local whites.

Margot Adler, a signature voice on NPR and author of *Drawing Down the Moon*, a book about neopaganism, also covered everything from the AIDs epidemic to the Ku Klux Klan to the terrorist attacks of 9/11. She died of cancer in July 2014 at age 68.

The Reverend Dr. Thandeka is a UU theologian, journalist, and congregational consultant. Given the name "Thandeka," which means "beloved" by Archbishop Desmond Tutu in 1984, she is the founder of Affect Theology, which studies the links between religion and emotions using insights from neuroscience.

Zacharia (Zach) Wahls, the son of two lesbian mothers, is an activist for LGBTQ equality. Along with his younger sister, he produces decks of playing cards featuring portraits of women who changed the world. Released in 2016, over 20,000 decks of cards have been shipped worldwide.

continued from previous page

In addition to individuals, many UU congregations have worked or are currently working to make a difference. Some that Rev. Amy cited (past and present) include the UU Congregation of Soverville, NJ (helping the impoverished), the Lakeshore UU Congregation in Montreal (sexual health and contraception), UU Church in Seattle (housing for those with AIDS), Birmingham Unitarians (classes to prepare children for integration of public schools) Olympia UU Congregation in WA state (tiny houses for the homeless) and the UUs in Rochester, NY (building a playground in a community with no park or play access).

Whether working individually or collectively, UU justice MAKERS make a difference. ...rr

Do you have something that you need to send in the monthly email blast?

Amy Rosebush will be taking over sending out a monthly blast. If your email address is on the list and you would like it off the list, please contact her via email at office.mgr.ffp@gmail.com. There have been two email blasts sent out from the office so far. If you haven't seen one, then you might want to ask to be put on that email list. If you have information that you would like to add to the email blast please have it in to the office by the second Thursday of the month.

> "May the love which overcomes all differences. Which heals all wounds, Which puts to flight all fears, Which reconciles all who are separated, Be in us and among us Now and always" Frederick E. Gillis

ANT Camp. (Art, Nature, Theatre)

Children ages 4 - 11 are invited to attend this year's ANT Camp. (Art, Nature, Theatre)

Description: A scavenger hunt, dance, theater, music, art, and science activities will keep youngsters busy the second week of June. Registered children need to bring sack lunches and lots of enthusiasm. The cost is \$50 per child.

Questions?	Email Ruth at rrodgers44@cfl.rr.com
Dates:	June 10 - 14, Monday - Friday
Times:	9 am - 4 pm
Location:	Friendship Fellowship
	3115 Friendship Way
	Rockledge, FL 32955

Children will participate in archeology digs, art projects, nature scavenger hunts, team building exercises, theater games, yoga, music and much more. (All adults working with the children have had background checks.) Relationships are fostered from shared experiences. Enroll your youngster and watch them blossom in our week of summer fun.

In preparation for the camp, we are also collecting small cardboard boxes, such as those for toothpaste, hand soap, etc. and cardboard tubes from toilet paper, paper towels, etc. Please save and give to Ruth. Thanks!





April 21, 2019—"Vincent Van Gogh: Death and Resurrection"—Rev. Amy Kindred

On Easter Sunday, the Reverend Amy Kindred introduced the idea of death and resurrection with the example of a caterpillar turning into a butterfly. We don't know, she said, if the caterpillar likes her new transformation as a beautiful butterfly more than her old self as a caterpillar, but as our own lives go through many endings and rebirths, we like to think those changes have led us to a new perspective that might lead to a good life.

One person whose life and work illustrated this death and resurrection pattern was the painter Vincent Van Gogh. Born in Holland in 1853, he was raised Protestant in a Catholic community. His father was a minister, and with a long family tradition of ministry in the family, Vincent felt called to enter the ministry, giving a sermon at age 23 and becoming a missionary to a community of impoverished miners. He even tried to copy every word in the Bible—in three different languages!

He enrolled in seminary but had to drop out after three months. Problems included unhealthy ways of expressing his faith such as going without food and giving away all his possessions, beating himself on the back with ropes to suffer as Jesus had, and having academic challenges. When he was not allowed into the ministry, he became furious with the church and began reading secular works such as those by George Eliot, Whitman, Emerson, Shakespeare, Dickens, and Zola, leading him to forge a self-styled religious humanism that combined Christian beliefs with ideas drawn from leading nineteenth century novelists and philosophers.

About this time, his father died, and Van Gogh painted *Still Life with a Bible* (oil, 1885). With a copy of the painting displayed on the screen, Rev. Amy pointed out important aspects. In the upper right corner is a candle, receding into the background.

Its flame is missing, perhaps representing his father's voice which no longer shed light on Van Gogh's faith. The Bible in the center is the painting's focal point, open to the passage that discusses the "Suffering Servant" in the book of Isaiah, showing that although Van Gogh's life has turned from ministry, his mission would continue to be one of servitude.

In the foreground is *The Joy of Living* by Emile Zola, a book Van Gogh had read over and over. It is painted yellow to symbolize love—or more specifically, divine presence. This novel inspired Van Gogh to broaden his spiritual vision, and the painting is one "of despair, of proclamation, and ultimately, of optimism."

Van Gogh saw his turning from the ministry to art as a rebirth and wrote to his brother Theo that he was emerging renewed," like a bird after molting time." His paintings reveal his growing awareness of man's connection to nature—from a blade of grass to a faraway star. Although much of his work reflected death, isolation, suffering, and loneliness, it also became resplendent with color. He relied on his faith in God, his understanding of mortality, and his experience of the world he recreated on canvas. He viewed death as "a transportation rather than a culmination," writing that "just as we take a train to get to Tarascon…we take death to reach a star."

Van Gogh yearned to experience close relationships with others, but he had few close friends and even fewer intimate relationships with women. In one incident, he cut off part of his ear and mailed it to a woman. He suffered from depression and epilepsy, but he used his painting to remind himself that renewal would occur, as it does in nature. In his famous painting *Starry Night* (oil, 1889) he unites his deep Christianity with his love of transcendent mystery.

The painting is mostly of the sky, showing the stars and moon, resplendent with swirls, but it also shows two fixed vertical elements, a cypress tree on the left, a symbol of nature, and a church in the center, its steeple reaching into the sky, showing his Christian faith. Van Gogh died in 1890 at age 37. He lived long enough to teach, through his art, powerful messages about faith, hope, infinite love, death, and resurrection. What might we learn, asked Rev. Amy, from his works? We all encounter death and rebirth in the changing seasons, and we all experience loss such as losing friendships with fellow workers when we move on to a new job, or mourning not just the death of a loved one but grieving for our own lives in connection to that person. Such changes force us to emerge from our old lives into new ones.

continued from previous page

Images such as the Christian story of Jesus' resurrection, the changing of a caterpillar to a butterfly, or paintings such as *Starry Night* all help us to understand this cycle of death and resurrection. "May our journeys," Rev. Amy concluded, "continually be enlightened by universal gifts perceived by our senses as well as our hearts and minds."rr

The paintings referred to in the sermon summary can be seen on our website's *Recent Sermons* page at : <u>https://www.uuffpspacecoast.org/recent-</u> <u>sermons.html</u>



We need not think alike to love alike

Francis David, court preacher 1500's

Congratulations -- We Did It **We reached our Goal**

Monies donated to the jar for the Children's Hunger Project amounted to \$150.00 - enough to feed a child for one school year.

NEW GOAL: Let's raise \$300.00 to feed two children!

Storage Room in the Coffee House:

<u>A REMINDER</u>: Your Aesthetics Committee has designated one room in the Coffee House for storage. Items that need to be stored should be placed in plastic tubs (NO cardboard boxes) and labeled as to contents the date and the committee or person responsible for the storage and contents. The storage room is for use of items used by committees and for events - NOT for personal items.

Anyone wishing to store items must first see the Aesthetics Committee so that we can keep an accurate record/inventory of what is available for our members to use (i.e. - table cloths, wine glasses, etc.)

<u>Please note:</u> Items found that are not identified - will be removed. A completed inventory of such items will be published and available in FFP's office. Anyone wishing to use items such as table cloths, napkins, wine glasses, etc. -- please contact the Aesthetics Committee.

Your cooperation in keeping the storage room organized is appreciated. (Chair of the Aesthetics Committee Bobbie Keith)

Page 11

OUR LADY

How on earth did Prometheus dare To give the gift as sweet as air? For only man can so aspire— Civilization depends on fire.

But when that gift gets out of control It devastates, and sears the soul, For one can only gaze and choke At fiendish fire and billowing smoke.

And so Our Lady, the pride of France, Is murdered in that deadly dance, When hellfire reaching drastic heights Illuminates the City of Lights.

The world is helpless as a lamb When fire devours Notre Dame, Except for firefighters, they the brave Valiantly attempt to save

The bell towers and the priceless art That sets this special church apart. Eight hundred years it's lived through much And never lost its sacred touch.

After Napoleon lost his role Its renovation made it whole With more than just a coat of paint, This church beatified a saint.*

What shall we do now, racked with pain?Why, we will build her up again,And like the phoenix she will rise,Her spire reaching for the skies.

Helen Bennett, April 16, 2019 *Saint Joan

Sidney Sherman June 23, 1919 - April, 1,



Sid Sherman and Louise Sherman were founders of our Fellowship. Membership numbers 7 and 8, they established Friendship Fellowship with insight and love. Louise passed on in April 0f 2010. Sid continued with FFP always present on Sundays, Helen's movies and any other special events. Sid ran a wonderful Bible course (his workbook can be found in the FFP library). His sense of humor and good sense will be sorely missed. Here are a few quotes from Sid Sherman:

"My education in sciences, history, languages and literature left me with a great respect for my ethnic history and background but I graduated from orthodoxy to secularity"

"Now that I had a new job, a bachelor apartment and a new car, it was time to search for a princess. That began at a cocktail party, where I met Louise. Our happy courtship presented an ethnic and cultural dilemma which resolved itself both emotionally and rationally when both of us discovered that we were a part of the same new world and we were UNITARIANS at heart" *They were married on the 25th of June 1949 in the courtyard of All Souls Unitarian Church by the Rev Dr. A Powell Davies.*

And also this:

"My first government job in Washington was as an Assistant Messenger filing folios for the 1940 census. After a few weeks, I received a more permanent offer as an Apprentice Lithographer with the U.S. Navy Department Hydrographic Office, two blocks from the White House. During my first years at H.O. I received five promotions, ending as Jr. Engineer (Cartographic) P1"

April 28, 2019— "The Humorous in Religion" -- Dr. Paul Johnson

The Reverend Dr. Paul Johnson,

developmental minister at Treasure Coast UU in Stuart, FL, and our guest speaker on April 28, spoke to us about the positive relationship between humor and religion. We laugh at the incongruous and the unexpected, and laughter provides relief from our problems and often a feeling of superiority, such as in the joke about the minister, the priest, and the rabbi who are discussing what they want said about them at their funerals. Both the minister and the priest want the speaker to talk about the good they have done and the souls they have brought to Christ, and then the rabbi says he wants the speaker to say, "Look, he's breathing!"

• Humor is therapeutic. Positive thoughts and emotions produce endorphins in the brain, and studies at the Mayo Clinic have shown that laughter can reduce blood pressure and boost the immune system.

Humor is used for prophecy and satire to reveal • truths about the world around us. Much underground humor deals with political situations, such as a joke about a young man who is given a sealed envelope to take to his polling place on voting day. He starts to open the envelope and is stopped by someone who asks why he's opening it. When he replies that he wants to see who he is voting for, he is told he can't do that because it's "a secret ballot." Humor also points out the human foibles that we all possess. A man who was on his deathbed, with only hours to live, smelled chocolate chip cookies and managed to get out of bed and crawl down the stairs and into the kitchen just for a taste, but when he reached for a cookie, his wife slapped his hand, saying, "Them's for the wake!"

Johnson followed up with a few more jokes in the same vein, such as one about a rabbit who escapes from his research lab and has a great time playing with the wild rabbits in a carrot patch until he has to go back to the lab because he's dying for a cigarette. Then there was the man who stopped in to get a haircut before going on vacation. When his barber asked where he was going and was told "Italy," he began telling the man how hot and miserable summers were in Italy. Then the barber told him the airline they were taking was terrible with bad service and lousy food, following that up with asking what they were planning to do there. When the man replied they wanted to see the Pope, the barber laughed and told them they'd never even get close. Weeks later, after his return, when the man stopped in for another haircut, the barber wanted to hear about the trip, and the man was all smiles as he told him about the beautiful weather and the wonderful flight there and back. "Did you see the Pope?' the barber asked. "Yes, we had a private audience in the Sistine chapel," was the reply. "And what did he say to you?" the barber asked. "He wanted to know where I had gotten such a terrible haircut."

Johnson also read from a book called *Dear God* in which children wrote in questions to God such as "Why don't you do big things anymore like part the Red Sea?" and "What were you thinking about when you made sex?"

Both religion and humor are open to the future, providing limitless possibilities. When God told Abraham and Sarah that they were going to have a baby in their old age, both of them laughed, and the name "Isaac" means laughter. Johnson concluded with the story of a man who was caught poaching on the king's land, and in an effort to avoid punishment, told the king that if he'd give him a year, he could teach his horse to talk. When a friend asked why he'd said such a thing, the man replied, "A year's a long time. The king may die, I may die, the King may change his mind about punishing me, or the horse may learn to talk."

All of us should be such optimists. ... rr

Stressed out? Want some down time?

Dat Nguyen is starting up the **Sangha** again. Learn to meditate and become part an ancient tradition of mediation within a community. In practicing with each other we will learn the concept of a Buddhist tradition. It is peaceful, meditative and a wonderful way to be part of a community of traditions. Dates and time to be determined.

Team Passover worked hard on the preparations for the Jewish celebration of Passover. Preparations included two Kugels, and Moroccan Chicken. Our team peeled, grated, mashed and mixed everything and then took it home to bake. The culmination of all our work was we were able to feed 42 people. Julie and Laura P spend that Friday making 82 Matzah Balls! We had a lovely service and a delightful visit as we sat in groups of 6. Sharing wine and food, enjoying each other's company while exploring the Jewish faith made this event memorable.

The Hagaddah (the story) was projected on the big screen and many of us took part sharing the reading of the story. Steve Atlas taught a group the traditional songs and the others caught on quickly as the service progressed. Table Captains passed the traditional and symbolic foods as we remembered the tyranny and enslavement the Jews lived under when they were persecuted by the Egyptians. We were able to raise over \$200 profit to the Women's Circle and that was after all the food purchases and the purchase of 4 induction stoves and one convection oven. Plus, we got 5 large sauce pans to use with the induction stoves. Everyone there would say it was a grand success. Thank you all for making it an example of true UU spirit. Let us go forth into the world

Through a door of hope for the future,

Remembering these words by Martin Luther:

Even if I knew that tomorrow

The world would go to pieces,

I would still plant my apple tree.





The Friendship Flyer Page	e 14 May 2019
WELCOME TO OUR GUESTS We love to welcome members, visitors and friends to our services each Sunday at 10:30AM and Sunday school is avail- able for our youngest guests and members.	Happy May BirthdaysKitty LintonSue HusemanHelen BennettKathy Lees
FFP Visitors from AprilEileen BoiseFlProvidencia AlvarezFlSharon AlvarezFlSarah WellsFlMathew BarefootFlMary MurphyFlDerrain ColeFl	Arthur Kirshner Avenell Taul- THE FRIENDSHIP FLYER Is the monthly newsletter of THE FRIENDSHIP FELLOWSHIP AT PINEDA A Unitarian Universalist Congregation District 62, Society #2923
Jay LittleFlSuzanne ProvostFlFatima LehanFlMickFlMarisol FelicianoFl	Sunday Services at 10:30 AM 3115 Friendship Place, just off US Hwy 1 Sunday School available for children at 10:30 AM Editor: Amy Rosebushoffice.mgr.ffp@gmail.com
Welcome New Members! Pat Marzzacco and Charles Marzzacco	Full Time MINISTER The Reverend Amy Kindred CONGREGATIONAL LEADERSHIP COMMITTEE ChairCliff Saylor Vice ChairPete Crumpacker Acting TreasurerBrian Whalen SecretaryRuth Rodgers MemberNancy Shacklette MemberChip Hines MemberEmily Curry MemberLinda Brocius