

THE FRIENDSHIP FLYER

The Friendship Fellowship at Pineda ~ A Unitarian Universalist Congregation in the liberal tradition.

Minister ~ The Reverend Amy Kindred

Volume 35 Number 11

November 2021



Trunk or Treat was a blast!!
A good time was had by all.
Even Cookie, Cookie the
Clown had a great time!
Could this become an annual
FFP event?



Golden Memories of Kathy Lees - Friday Nov 5 at 6:00 PM on Zoom.

As many of you know FFP has supported a "Golden Memories" program in which members over the age of 80 are interviewed on video sharing their life story. These videos provide a priceless remembrance of dear friends we have lost. The video of Kathy Lees is one of our best and will be presented via Zoom this coming Friday at 6:00 PM.

This will serve to complement the "in-person" celebration of Kathy's life which will occur on Saturday Nov 6 at 1:00 PM in the main hall.

Here is your Zoom link:

<https://us02web.zoom.us/j/82812865086>

Passcode: 292928



Thanksgiving Dinner at Friendship Fellowship

November 26 at 2pm. Everyone is invited!

Turkey will be provided. What would you like to bring?

Please RSVP to office.mgr.ffp@gmail.com by November 21.

Annual Chili Supper and Fundraiser at Friendship Fellowship

December 4 at 5 pm. This annual gathering is a wonderful way to share a meal and to help a local children's charity. You are invited to bring cash and/or gift cards in the amounts of \$10 - \$25. In the past, we have raised as much as \$2,000 for the Children's Society in Brevard.

In exchange, each person receives a bowl of delicious homemade soup.

More information in the coming weeks.

From Andy Petruska, Chair of Sunday Service Speakers:

Christmas Day this year falls on Saturday December 25. It has been our tradition to conduct services on Christmas Eve which this year falls on Friday the 24th. We are in the unusual position, potentially, of having three days of services one right after the other: Christmas Eve (Friday the 24th), Christmas Day (Saturday the 25th) and Sunday December 26th.

In view of this unusual situation the Sunday Services/Service Leaders Committee discussed various options which would optimize attendance without overloading the congregation with too many events so close together. Additionally, obtaining a speaker for the day after Christmas with Rev Amy gone Sunday 26th would be problematic as most people will be taking advantage of the long holiday weekend. Accordingly, the committee voted unanimously to combine Christmas Eve/Christmas Day/Sunday

Flyer, November 2021 ~ Letter from the Minister

Driving home from work last Thursday evening, I became aware of loud sirens and flashing lights approaching my car from behind. In my rearview mirror, I saw the oncoming fire truck. My first impulse was to hesitate because I didn't want to stop. I was irritated and tired, but I quickly steered the car closer to the curb.

Even though my personal wishes involved getting home as soon as possible because I was weary, I pulled over for several important reasons. All drivers know that when emergency vehicles draw up behind you, you must pull over. It's the law. The law was implemented after much research. Today, we pull over to avoid collisions. That is, we do so to protect ourselves, other drivers and first responders.

On that late afternoon, the fire truck flew by. However, just as I was pulling forward, another siren sounded behind me. I pulled over again. This time it was an ambulance. Once more, just as I thought I might be able to merge back into my lane, a police car sped around me and another was quickly approaching after that. I was beyond upset. My personal desire was to have been home a half hour earlier and sitting on the side of the road was not making me happy.

However, unsure of getting safely back on the road a fourth time, I decided to pull into the parking lot of a local restaurant. I got out and stretched. I needed to pause for mental readjustment.

Might this be a good analogy for these Covid times? For example, we are planning to host gatherings inside the fellowship building in November. And yet, we still must wear cumbersome, uncomfortable masks. Sigh.... I don't know about you but ever since March 2020, it feels like our Unitarian Universalist community has been pulled to the side of the road waiting to move forward again.

At Friendship Fellowship, we can only open for group gatherings once again inside the building if every person wears a mask. It's the policy. I know. It's not a popular policy. We miss seeing one another's smiles, don't we? It is not what most of us want to do but based on scientific research, we know that wearing masks indoors is one way to protect ourselves and others, vaccinated or not. And, by following a policy that requires everyone to wear a mask to avoid getting sick and ending up in the hospital, we are also protecting our doctors and nurses, our first responders.

I'll tell you what. If you arrive on a Sunday morning for service and you are frustrated about having to put the mask on again, I recommend climbing out of your vehicle and standing outside the building for a few moments of mental readjustment.

Guess what? You won't be alone. I will be out there with you. We can all cuss and grumble together. Then, because we are also committed to safe procedures and we are eager to be with our cherished friends and members, we will put on our masks and enter once again our cherished place of ingathering.

Sincerely with you on this frustrating journey,

Rev. Amy Kindred



Upcoming Sunday Services 10:00am via Zoom

(Zoom links will be provided in the Friday EBlasts.)

Sunday, November 7th - Indoors 10:00 am

Peace Pole ~ Sermon by Rev. Amy Kindred

Peace Poles remind us to think, speak and act in the spirit of peace and harmony. What is the story behind the Peace Pole on Friendship Fellowship grounds?

Sunday, November 14 - Indoors 10:00 am

Honoring Native American Wisdom

Sermon by Rev. Amy Kindred, Minister

Were it not for those whose steps were imprinted on our sands long before the Europeans arrived, you and I would not be here. Let us pause to remember.

Sunday, November 21 - Indoors 10:00 am

A Garden of Gratitude

Sermon by Rev. Amy Kindred, Minister

Research reveals that gratitude can improve general well-being, increase resilience, strengthen social relationships, and reduce stress and depression.

It also provides one a greater capacity to experience joy and positive emotions.



Sunday, November 28 - Indoors 10:00am

Listening Is Where Love Begins

Mr. Rogers and the Art of Openness

Sermon by Dr. Greg Cavanaugh

Dr. Cavanaugh explores the communication style of the most famous alumnus of Rollins College, Fred Rogers. Drawing from recent coursework with Rollins students, Dr. Cavanaugh explores the strengths of Mr. Rogers' communication style and explores practical ways to apply those lessons. While it may be tempting to view Mr. Rogers as an unfathomably kind person whose style is impossible to replicate in the real world, there are small and useful ways that we can all be a good neighbor for each other.

Greg Cavanaugh is a lecturer and past department chair of Communication Studies at Rollins College in Winter Park, Florida. His research and teaching interests focus on inviting diversity and inclusion for marginalized community members through an appreciation of multiple communication styles and cultural norms. He previously spoke at Friendship Fellowship on the topic of "Sexuality and Spirituality" in 2014, and he is excited to return.

November Charity ~ Daily Bread 501C(3)

Daily Bread now serves over 250 adults and children daily nutritious meals.

The need to take care of the homeless has grown; and they expect to expand operations - so monetary contributions are welcome as they take care of so many in need of food, clothing, showers, and counseling.

(Note: \$25.00 can feed one person for an entire week).

They have a wish list - i.e. white cotton socks;

for more information, please contact Bobbie Keith at 321-777-5561 if you have items to donate.



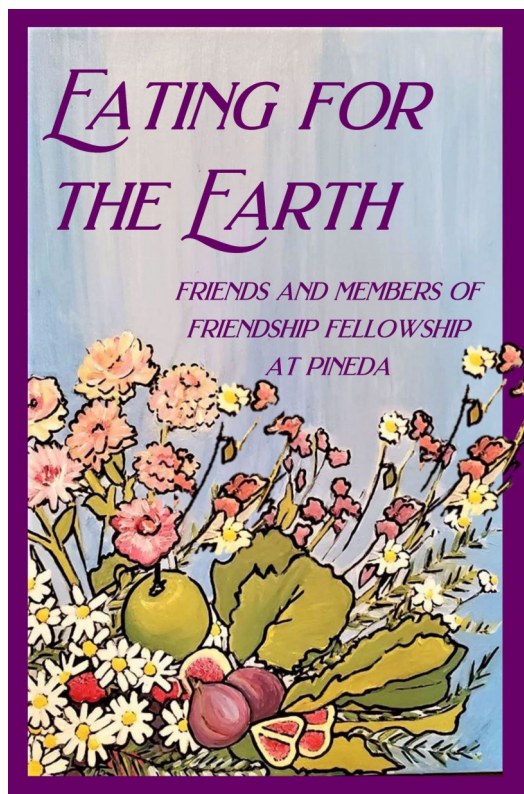
Slow Cooker Veggie Chili Enoch Moser ~ Serves 15

Ingredients:

- 2 large carrots, diced (1cup)
- 2 celery ribs, diced ($\frac{1}{2}$ cup)
- 1 medium size sweet onion, diced
- Vegetable cooking spray
- 2 (8 oz.) packages of sliced fresh mushrooms
- 1 large zucchini, chopped (1 $\frac{1}{2}$ cups)
- 1 yellow squash, chopped (1 cup)
- 1 tbsp chili powder
- 1 tsp dried basil
- 1 tsp seasoned pepper
- 1 (8 oz) can tomato sauce
- 3 cups tomato juice
- 2 (14.5 oz) cans diced tomatoes, undrained
- 4 (15 oz) cans beans, rinsed and drained (pinto, black, great Northern or kidney)
- 1 cup frozen whole kernel corn

Directions:

Sauté the first 3 ingredients in a skillet coated with cooking spray, 10 minutes. Add mushrooms, zucchini and squash and sauté 3 minutes more. Add chili powder and the next 2 ingredients, sauté 5 minutes more. Stir together tomato sauce and tomato juice in a 6 qt slow cooker. Stir in tomatoes, next 2 ingredients and sautéed vegetables. Cover and cook on low for 8 hours.



November Birthdays:

Spike Wilds

Joan Mills

Laura Friedman

Adrienne Baughman

Annette Blanchard



CONGREGATIONAL LEADERSHIP COMMITTEE:

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Vice Chair: Arthur Kirshner

Treasurer: Emily Curry

Secretary: Emily Curry

Member: Bobbie Keith

Member: Walter Roeser

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MINISTER:

The Reverend Amy Kindred

THE FRIENDSHIP FLYER

is the monthly newsletter of:

Friendship Fellowship at Pineda

A Unitarian Universalist Congregation

District 62, Society #2923

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(Just off of US 1)

Visit us on the web at:

www.uuffpspacecoast.org

FFP's campus will re-open November 6th. Services will be in-person and via Zoom Sundays at 10:00am. For more contact Lisa at:

office.mgr.ffp@gmail.co

The Unitarian Universalist Service Committee

THE UUSC advances
human rights through
grassroots collaborations.

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(including disaster relief)

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